

Months: Baisakh (April/May)

Estimated Teaching days: 21

English

Listening and Speaking

- Revise **Alphabets Aa-Zz** with letter sounds and image scripts.
- Introduce Chapter **Purple Turtle's Me and My Friends**.

Writing

Practice Book: Pattern writing and **Letter** writing A - Z.

Worksheet No. 1, 2 & 3 (Term I): Trace Slanting lines and **Write** Alphabets.

Nepali

सुनाइ र बोलाइ

- व्यञ्जनवर्ण **क-म** सम्म,
- स्वरवर्ण अ-ऊ,
- सम्बन्धित वर्णहरूबाट बनेका शब्दहरूको सुनाइ,
- बालगीत : आमा खुसी हुनुभो, अ बाट अमला
- विषयवस्तुको चित्रगत अवधारणा,

पढाइ

- व्यञ्जनवर्ण क-म सम्म,
- स्वरवर्ण अ-ऊ सम्म,

लेखाइ

- किताबको पेज नं. ७ देखि २३ तथा ३३ देखि ३६ सम्मका अभ्यासहरू,

Mathematics

Listening and Speaking

- Revise Numbers **1 to 10** with the help of counting aloud and images scripts.

Writing

Practice Book: Trace, count and write the numbers 1 - 10.

Worksheet No. 11 (Term II); **14, 15 & 16** (Term I): **Count** and **Color** Number candles 1 - 10.

Science

Listening and Speaking

- Introduce **Color Formation** with the help of the color wheel.

Writing

Practice Book: Match the colors with different objects.

Worksheet No. 2 (Term II): **Coloring** Fun.

Social Study

Listening and Speaking

- Introduce different expressions with chapter **Feelings and Emotions**.

Writing

Practice Book: My feelings.

Worksheet No. 34 & 35 (Term I): **Drawing** Feelings and Emotions.

Graded Reader (ELT)

- Introduce different Emotions and feelings with the story: *Roxy Gets Angry*.

Art & Craft

- Formation of **Secondary colors** using primary colors.
- Provide students with the Circular cutouts of cardboard papers and ask them to **draw different emotions** on it.
- Instruct students making Peacock, Butterfly, etc with their **Handprints** using different watercolors.

Activity

- Avail Two buckets or Boxes with Ten balls and organize a **Counting game** to introduce the concept of Addition or Subtraction.
- Ask students to **Enact on different Emotions** as situations given by Teacher.

Months: Jesth (May/June)

Estimated Teaching days: 23

English

Listening and Speaking

- Introduce **Vowels and Consonants** with the help of Letter sounds and Formation.
- Introduce Sounds of short vowels **a, e, i, o & u**.

Writing

Practice Book: Practice First Letters, Missing letters and Beginning sounds.

Worksheet No. 4, 10 & 11 (Term I): Short 'o' & 'I' sound and first letters.

Nepali

सुनाइ र बोलाइ

- व्यञ्जनवर्ण क-म सम्म पुनरावृत्ति
- व्यञ्जनवर्ण य-ज्ञ सम्म
- स्वरवर्ण अ -अः सम्म
- सम्बन्धित वर्णहरूबाट बनेका शब्दहरूको सुनाइ
- बालगीत : नेपाली बालगीतको काडंबाट आवश्यकता अनुसार,
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Mathematics

Listening and Speaking

- Introduce Numbers from **15 to 20** with the help of counting and reading aloud.
- Introduce the Concept of **Before, After and Between**.
- Introduce the Concept of **More, Less and Same**.

Writing

Practice Book: Count, Write and Color numbers 15 – 20.

Worksheet No. 22 (Term I): **Count, Color and Write** the numbers.

Science

Listening and Speaking

- Introduce different senses and Body parts with chapter **Sense Organs** and **Rhyme: Two Little Hands**.

Writing

Practice Book: Draw the missing parts to complete the face.

Worksheet No. 32 (Term I): **Cut** and **Paste** the parts of the face.

Social Study

Listening and Speaking

- Introduce different purpose and parts **Kitchen and Bedroom**.

Writing

Practice Book: **Identify** and **Color** different items found in the house.

Graded Reader (ELT)

- Introduce different cupboard items with a story: *Too Many Clothes*.

Art & Craft

- Instruct and help students to make **Household items using Dough**.

Activity

- Organize a **Discussion program** in a classroom about how our Sense Organs help us interact with our surrounding.

Months: Asadh (May/June)

Estimated Teaching days: 23

English

Listening and Speaking

- Introduce the concept and use of **I, Me, You and Your**.

Writing

Practice Book: Using different **Color Code** to color the pictures.

Nepali

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Mathematics

Listening and Speaking

- Revise Numbers from **1 to 20** with the help of counting aloud, image scripts and rhyme: **One Two Buckle My shoe**.
- Introduce the concept of **Before, After and Between** with the help of the concept of image scripts.

Writing

Practice Book: Practice Before, After and Between (1 – 20).

Worksheet No. 24 & 25 (Term I): Practice Before, After and Between (1 –20).

Science

Listening and Speaking

- Introduce Fingers and Toes with chapter **Parts of the body**.

Writing

Practice Book: Identify different parts of the body.

Social Study

Listening and Speaking

- Introduce the purpose of Dining, Studying and Living room with chapter **Parts of house**.

Writing

Practice Book: Look and Match.

Worksheets No. 36 (Term I): Cut and Paste to match the objects found in a house.

Graded Reader (ELT)

- Introduce different Celestial Bodies with the story: *Purple Turtle Wish upon a star*.

Art & Craft

- Instruct students to make **Dining, Study, Living Room items using the dough**.
- Trace Outline of your **Hand on White Paper**, Colour it and Name all five fingers.

Activity

- Make Picture Flash Cards/Play Cards of the objects or Living Beings beginning with letters **क-ज़** and **अ-अः** and organize a **Picture Matching Game**.
- Collect some belongings of students inside the classroom and after asking them to identify and make use of Pronouns like **I, My, You and Your**.

Months: Shrawan (June/July)

Estimated Teaching days: 23

English

Listening and Speaking

- Introduce the concept of Genders with chapter **Gender names**.

Writing

Practice Book: Identify the correct beginning, middle and ending sounds with Short Vowel Sounds.

Nepali

सुनाइ र बोलाइ

- व्यञ्जनवर्ण क-ञ्ज सम्म पुनरावृत्ति
- स्वरवर्ण अ-अः सम्म पुनरावृत्ति
- दुई अक्षरले बनेका सरल शब्दहरू पुनरावृत्ति
- तीन अक्षरले बनेका सरल शब्दहरू
- चार अक्षरले बनेका सरल शब्दहरू
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Mathematics

Listening and Speaking

- Revise the concept of **Before, After and Between** with the help of image scripts.
- Introduce the concept of **More, Less and Same** with image script.

Writing

Practice Book: Practice More, Less and Same with Mathematical symbols.

Worksheet No. 26 & 27 (Term I): Practice More, Less and Same.

Science

Listening and Speaking

- Introduce My Arms with chapter **Parts of the body**.

Writing

Practice Book: Color and Match the different body parts.

Social Study

Listening and Speaking

- Introduce names of family members and relations chapter **Purples Family Tree**.

Writing

Practice Book: Match and Paste the pictures of your family members on the magic tree.

Worksheets No. 37 (Term I): Cut and Paste the pictures of the Purple Turtle's family members.

Graded Reader (ELT)

- Introduce different activities done during Holiday with the story: *Purple Goes on Holiday*.

Art & Craft

- Ask students to collect pictures of their Family Members. Instruct and Help them making **Family Tree**.

Activity

- Collect the pictures of Father/Mother; King/Queen; Grand Father/Grand Mother; Brother/Sister; Sir/Madam, etc from different sources like Internet, Books or Old Magazines and ask students to classify them under **Male and Female** to clear the concept of Genders.

Months: Bhadra (July/August)

Estimated Teaching days: 18

English

Listening and Speaking

- Introduce **Positional words** with image script and rhyme: *Little Robin Redbreast*.

Writing

Worksheet No. 1 (Term II) & **44** (Term I): Complete **Maze**.

Nepali

सुनाइ र बोलाइ

-सरल वाक्यहरू

- मात्रा (आकार) लागेका शब्द तथा वाक्यहरू

-बालगीत : नेपाली बालगीतको कार्ड र किताबको अन्तिम पृष्ठबाट आवश्यकता अनुसार,

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Mathematics

Listening and Speaking

- Revise **More, Less and Same** with image script.
- Introduce **Reverse Counting and Skip Counting**.

Writing

Practice Book: Find the missing numbers (Reverse counting).

Worksheet No. 22 & 23 (Term II); **28** (Term I): Skip counting scoops.

Science

Listening and Speaking

- Introduce our surrounding with chapter **Living things and Non Living things**.

Writing

Practice Book: Identify Various Living and non-living things.

Worksheet No. 39 & 40 (Term I): Identify Living or non-living thing.

Social Study

Listening and Speaking

- Introduce the concept of **Family and Friends**.
- Introduce different activities done at school with chapter **My School**.

Writing

Practice Book: Activities done by family and friends together, Fun at school.

Worksheet No. 38 & 43 (Term I): My Friend and My Classroom.

Graded Reader (ELT)

- Introduce different activities and things done at School with the story: *Purple Goes to School*.

Art & Craft

- Organize a **Classroom decoration** program using different papercrafts.
- Instruct and Help students making **Father's day Card and Greetings** on the Pre - Occasion of Fathers Day.
- Instruct and Help students making **Photo Frames** and ask them to paste their own or friend's pictures.

Activity

- Organize the **Skip and Reverse Jumping game** by drawing a table of ten counting numbers on the Playground.
- Ask students to **Collect, Classify and Glue the pictures of Living and Non - Living Things** on two different chart papers and Paste them on two corners of the classroom.

Months: Asoj (August/September)

Estimated Teaching days: 8

English

Listening and Speaking

- Introduce opposite words **Big and Small; Full and empty; Left and right; whole and half.**

Mathematics

Listening and Speaking

- Introduce the concept of **Addition.**

Writing

Practice Book: Count, Add and Write numbers.

Worksheet No. 29 (Term I): **Addition** with pictures.

Science

Listening and Speaking

- Introduce changes in weather throughout the year with chapter **Season.**

Writing

Practice Book: Identify and Write names of season.

Social Study

Listening and Speaking

- Introduce different professions with chapter **Community Helpers.**

Writing

Practice Book: Match the pictures (Community Helpers).

Worksheet No. 47 & 49 (Term I): **Cut & Paste** Community Helpers name.

Graded Reader (ELT)

- Introduce different activities done by community helpers with the story: *Purple Turtle's Biggy Breaks an arm.*

Art & Craft

- Make a **Season Clock** showing weather conditions and activities done by us using Cardboard papers, thin wooden sticks, and colors.

- Instruct students to make **Dashain / Tihar greeting card** on the pre occasion of Dashain festival.

- Instruct and Help Students making **Kite** using available materials around.

Activity

- Ask students to bring Jamara seeds and help them **planting Jamara** bringing some soil/clay inside their classroom on the pre occasion of Dashain - Tihar Festival.
- Make a small group of students in the classroom or playground and Shuffle the number of students in each group after and ask students to Count after to clear the concept of **Addition and Subtraction**.

Month: Kartik (October/November)

Estimated Teaching Days: 15

English**Listening and Speaking**

- The speaking practice of **Me and My Friends** with the help of image script.
- Introduce **Sound of Long Vowels a, e, i, o, u** with the help of letter Sound and Images.

Writing

Practice Book: Trace and Write Small and Capital letters.

- **Cross out the Objects** Beginning Sounds /Middle Sounds/ Ending Sounds.
- **Observe and Colour** Short & Long Sounds a, e, i, o, u.

Worksheet No. 5, 6, 7, 8 & 9, 12 & 13 (Term I): **Read, Fill & Circle** Beginning, Middle and Ending Sounds.

Worksheet No. 12 & 13 (Term I): **Trace** the words. **Look and Connect** to make words.

Worksheet No. 3 & 4 (Term II): **Trace and Identify** the Small letters and First Letters.

Nepali**सुनाइ र बोलाइ**

- सरल वाक्यहरू पुनरावृत्ति
- मात्रा (आकार) लागेका शब्द तथा वाक्यहरूको पुनरावृत्ति
- मात्रा (इकार) लागेका शब्द तथा वाक्यहरू
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Mathematics**Listening and Speaking**

- Revise of **Number Names 1 to 20** with the help of Writing in the notebook and Reading Aloud.
- Introduce the Concept and Arrangement of **Small to Big/Big to Small** Numbers with chapter **Ascending and Descending Order**.

Writing

Practice Book: Count, Color & Connect Dot to Dot Numbers from 1 – 20.

- **Arrange Numbers** in Ascending and Descending order.

Worksheet No. 19 (Term II): **Arrange Numbers** in Ascending Order, Descending Order.

Science

Listening and Speaking

- Introduce Daily Food Habits with the chapter **Food and Drinks**.
- Introduce the advantage of Food and Nutrition with chapter **Healthy Food**.
- Introduce some foods eaten Raw and Cooked with chapter **Raw and Cooked Food**.
- Introduce the benefits of Vegetables with chapter **Fresh Vegetables**.

Writing

Practice Book: Odd One Out, Circle & Colour Food and drinks, Healthy Food, Raw and Cooked Food & Fresh vegetables.

Worksheet No: 38, 39 & 40 (Term II): **Identify, Circle & Colour** Food and drinks, Raw and cooked & Fresh vegetables.

Social Studies

Listening and Speaking

- Revise **Family and Friends & Community Helpers** with the help of Play Cards.
- Introduce Our Community and Places around with chapter **My Neighbourhood**.

Writing

Practice Book: Match, Draw, Colour & Find the Way My Neighbourhood.

Fill as instructions given in the book, All About Me.

Worksheet No. 41 & 42 (Term I): **Colour, Cut & Paste** My School and Playground Objects.

Worksheet No. 50 (Term II): Use Different **Colours & Handprint** Friends and Family.

Graded Readers (ELT)

- Introduce the concept of Banner and different Art Tools with the story *The Art Banner*.

Art and Craft

- Help students making **Welcome Banners** for their class. Use different Art tools and Colours as used in the story *The Art Banner*.
- **Sketch Outlines & Make Collage** of Fruits & Vegetables for students and ask them to **Stick Cotton, Fabric or Wool** inside lines.

Activity

- Ask students to bring **Seasonal fruits** to the classroom, explain the nutritional value contained by them and share among students after.
- Prepare Play cards with the number on it. Select a few numbers randomly from deck and ask students to arrange it in **Ascending or Descending Order**.

Month: Mangsir (November/ December)

Estimated Teaching Days: 25

English**Listening and speaking**

- Introduce -l Consonant blends **gl-, sl-, p-, cl-, bl-, fl-** with the help of different words.
- Introduce -r Consonant blends **br-, cr-, dr-, fr-, pr-, gr-, tr-** with the help of different words.

Writing

Practice Book: Color the Pictures according to -l & -r Consonant blends.

Worksheet No. 5, 6, 9 & 10 (Term II): Identify & Color the correct letters -l & -r Consonant blends.

Nepali**सुनाइ र बोलाइ**

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- कितावको पेज नं. ७३ देखि १०१ सम्मका अभ्यासहरू

Mathematics**Listening and Speaking**

- Introduce **Addition and Subtraction** with the help of Counting objects and Number lines.
- Introduce **Count by 2s, 3s, and 5s** with the help of Number lines.
- Introduce the concept of **Even and Odd Numbers** with the help of object counting.

Writing

Practice Book: Count Objects, Use Number Line and Color Code to Practice Addition & Subtraction.

- **Write the Missing Numbers** with the help of number line to practice Count by 2s, 3s, 4s, and 5s.
- **Write in Table** Odd and Even Numbers.

***Worksheet No. 31 (Term I):** Dice subtraction.

***Worksheet No.24, 25, 26 & 27 (Term II):** I can skip count, Odd, and even numbers

Science

Listening and Speaking

- Introduce different wild animals with chapter **Wild Animals**.
- Introduce Domestic, Water & Baby Animals with chapter **Domestic Animals, Water Animals, and Baby Animals**.

Writing

Practice Book: Identify, Colour & Complete Maze (Animals).

Worksheet No. 42, 43 & 44 (Term II): **Identify and Colour** Water animals & Baby animals.

Social studies

Listening and Speaking

- Introduce different Transportation with chapter **Means of Transport**.
- Introduce the concept of **Land Transport, Air Transport and Water Transport** with the help of image script.

Writing

Practice Book: Identify Color, Match and Find the Way (Land Transport, Air Transport & Water Transport).

Worksheet No. 36 (Term II): **Cut and Paste** Transport based on their use.

Graded Readers (ELT)

- Introduce different Means of Transportation with the story: *Ride to the City*.
- Introduce Water Animals (Aquatic Animals) with the story: *At the Aquarium*.

Art and Craft

- Instruct and help students making **Paper Boat and Airplane**.
- Use **Cardboards and Paper Plates** to make Land Transports like Car, Bus, etc.
- Facilitate students with **Print or Drawn Outline of a fish** and ask them to use colored **Thumbprints to make Scale** of it.

Activity

- Prepare Flash Card/Play Card with Nepali words using दीर्घ इकार, ह्रस्व उकार र दीर्घ ऊकार, Shuffle and distribute them among students and ask them to identify and read aloud.

Month: Poush (December/ January)

Estimated Teaching Days: 23

English

Listening and speaking

- Revise of **Consonant blends** with the help of word formation and Images.
- Introduce **Consonant blends sk-, sm-, sn-, sp-, st-** with the help of image script.

Writing

Practice Book: Make Sentences using words below.

Observe, Match & Colour pictures of Word Families.

Worksheet No. 7 & 8 (Term II): Identify, Read Aloud and Colour the Circle with the correct letters. (-S Blends).

Nepali

सुनाइ र बोलाइ

- मात्रा (आकार, ह्रस्व इकार, दीर्घ इकार, ह्रस्व उकार र दीर्घ ऊकार) लागेका शब्द तथा वाक्यहरूको पुनरावृत्ति,
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Mathematics

Listening and Speaking

- Revise **Odd and Even Number** with the help of Object Counting.
- Introduce the concept of **Counting by Tens** with the help of Objects Counting.
- Introduce the concept of **Ones and Tens** with the help of Blocks.
- Introduce **Number Names 21 – 50** with the help of Object Counting and Reading Aloud.

Writing

Practice Book: Write Odd and Even Number in the given Table.

Count and Write Tens and Ones in each Set.

Count, Trace and Learn the numbers 21-50.

Complete Maze to connect numbers from 21 – 30.

Connect Numbers from 31 - 40 in the correct order (Fishing number).

Write Numbers 41 - 50 in given Table.

Correct Sequence 41 - 50 to complete Maze (A-MAZE-ING Numbers).

Worksheet No. 14, 15 & 16 (Term II): **Count, Cut & Paste** Number names 21-50

Worksheet No. 28, 29 & 30 (Term II): **Color & Write** Tens and ones.

Science

Listening and Speaking

- Ask students to identify different animals from Play Cards to revise chapter **Animals**.
- Introduce different Farm Animals and what they give us with chapter **Farm Animals** and **Rhyme: Old McDonalds Had a Farm**.
- Introduce different Animals' Shelters and Sounds with chapter **Animal Homes and Animal Sounds**.

Writing

Practice Book: Color, Match and Complete Maze (Farm animals & Animals Sound).

Worksheet No. 41, 42 & 45 (Term II): **Identify Cut, Paste & Write** the correct Numbers (Animals Sounds, Farm Animals & Water Animals).

Social Studies

Listening and Speaking

- Revise **Transport** with the help of Image Script and Play Cards.
- Introduce Traffic and Road Safety Rules with chapter **Traffic Rules and Road Safety**.

Writing

Practice Book: Color Traffic light.

Graded Readers

- Introduce Animals with story *Purple Turtle Visits Zoo*.

Art and Craft

- Instruct Students to make **Bars (Tens)** using **Ice-Cream Spoon or Bamboo Stick**.
- Instruct Students to make **Traffic Signal Light** using **Cardboard & Glaze Paper**.

Activity

- Prepare **bundles of the stick** (Ten sticks/pencil in each), distribute among students and ask them to count to clear the concept of Tens.

Month: Magh (January/ February)

Estimated Teaching Days: 23

English

Listening and speaking

- Revise **Blends** with the help of Word Formation and Image Script.
- Introduce **Opposite Words** with Image Script & real-life comparisons.

Writing

Practice Book: Identify and Connect the Pictures to form Words.

Nepali

सुनाइ र बोलाइ

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- मात्रा (औकार) लागेका शब्द तथा वाक्यहरू,
- अड्क र अक्षर १-१०,
- बालगीत : नेपाली बालगीतको कार्ड र किताबको अन्तिम पृष्ठबाट आवश्यकता अनुसार,
- विषयवस्तुको चित्रगत अवधारणा,

पढाइ

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लेखाइ

- किताबको पेज नं. ११४ देखि ११९ सम्मका सबै अभ्यासहरू

Mathematics

Listening and Speaking

- Revise **Number Counting and Number Names** by making students Reading Aloud.
- Introduce different Shapes that we see around with chapter **Shapes**.
- Introduce Clock Reading with chapter **Concept of Time**.

Writing

Practice Book: Match and Fill the right times (Concept of time).

Look, Draw & Colour given Shapes (Understanding Patterns & Coloring Shapes).

Worksheet No. 31 & 32 (Term II): Look, Draw & Write shown on each clock.

Worksheet No. 33, 34 & 35 (Term II): Trace and Colour Over the given Shapes.

Science

Listening and Speaking

- Revise **Farm Animals** with the help of Play Cards.
- Introduce the things done at Day and Night with chapter Concept of **Day and Night**.

Writing

Practice Book: Tick and Cross Out (Day and Night).

Worksheet No. 46 & 47 (Term II): **Draw, Cut & Glue** (Day And Night).

Social Studies

Listening and Speaking

- Revise **Road Safety** with the help of Play Cards.
- Revise **Places of Neighbourhood** with real-life interpretation.
- Introduce different Profession with chapter **Community Helpers**.
- Introduce Seven days of the week with chapter **Days of the week**.
- Introduce disciplinary phrases used while talking in day to day life with chapter **Good Manner**.

Writing

Practice Book: Connect Dot to Dot, Odd One Out, Colour & Match the Pictures (Tools).

Worksheet No. 47, 48 & 49 (Term I): **Identify, Match, Cut & Paste** (Community Helpers).

Worksheet No. 1, 37, 48 & 49 (Term II): **Complete Maze, Match & Color** (Community Helpers & Good Manners).

Graded Readers

- Introduce different Rules while playing any games with the story: *Roxy Plays by the Rules*.
- Introduce different Tools used by community helpers with the story: *Who Am I?*

Art and Craft

- Help students cutting various **Mathematical Shapes with Chart Papers** and instruct them to make different **Animals**.
- Use **Cardboards and Straw or Sticks** to make Clock and its movable hands.
- Use **Black & Blue Chart Paper, Cotton and Suitable Colours** to make **Bulletin Board** to clear the concept of Day and Night.

Activity

- Act out **Good Manners** for Students that we should conduct in our day to day life.

Month: Falgun(February/ March)

Estimated Teaching Days: 22

English**Listening and speaking**

- Revise **Vowel Sounds** with the help of Letter Sounds and Image Scripts.
- Introduce **Articles A & An** and Use of it.
- Introduce the use of **This and That** with Real-life interpretation and Situations.

Writing

Practice Book: Look and Match with their Beginning Sounds.

Note: Teachers are recommended to make students Practice more about This & That, A & An using Notebook.

Nepali**सुनाइ र बोलाइ**

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- सातवार र बाह्र महिना,
- बालकथा : घमण्डी भेडाहरू
- बालगीत : नेपाली बालगीतको कार्ड र किताबको अन्तिम पृष्ठबाट आवश्यकता अनुसार,
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- वर्षभरि पढेका पाठहरूको पुनरावृत्ति

Mathematics**Listening and speaking**

- Revise the **Concept of Time** with the help of the real clock.
- Introduce Months with chapter **Months of a Year**.
- Revise **Numbers 1 to 50** by making students reading aloud and writing.

Writing

Practice Book: Rewrite and Practice previous chapters.

Worksheet No. 17, 18, 19 & 20 (Term I): Trace, Write, Draw & Match Number Names 1 – 20.

Science

Listening and speaking

- Revise **Healthy and Unhealthy Foods**.
- Revise **Animals** with the help of Play Cards and Image Scripts.

Writing

Practice Book: Practice all activities given in previous chapters.

Social Studies

Listening and Speaking

- Revise all **Previous** chapters.

Writing

Practice Book: Practice all the activities given in previous chapters

Note: Teachers are recommended to use a notebook to make students practice more.

Note: Teachers are requested to focus more on the preparation and revision of all chapters from Term books (Term I & II) for Final Examination.