

Months: Baisakh (April/May)

Estimated Teaching days: 21

English

Listening and Speaking

- Revise **Vowels and Consonants** with Word Formation.
- Introduce general conversation with chapter **Who Am I?**

Reading

- Introduce the **Formation of Small Sentences**.

Writing

Practice Book: Write a few lines about yourself. **Rewrite** the Capital and Small letters.

Worksheet no.1: Make sentences using the following words.

Nepali

सुनाइ र बोलाइ

- व्यञ्जनवर्ण क-ज्ञ,
- स्वरवर्ण अ-अ ;,
- दुई, तीन र चार अक्षरले बनेका सरल शब्दहरू
- सरल वाक्यहरू
- बालगीत : अ बाट अमला, नेपाली बालगीतको कार्ड र किताबको अन्तिम पृष्ठबाट आवश्यकता अनुसार,
- विषयवस्तुको चित्रगत अवधारणा,

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लेखाइ

- किताबको पेज नं. ७ देखि २७ सम्मका अभ्यासहरू,

Mathematics

Listening and Speaking

- Introduce the Number Names from **1 to 25** and **Rhyme: Knick Knack paddy wack.**

Writing

Practice Books: Trace and write numbers from 1 – 20

Rewrite number names from 1 to 20.

Worksheet No. 34 & 40: Trace, Write and Complete Maze 1 – 30.

Science

Listening and Speaking

- Revise **Living Things** and **Non- living things** with image scripts.

Reading

- Introduce **Amazing life** (Life cycle).

Writing

Practice Book: Matching **Shadows, Stages of life.**

Worksheet No. 39: Coloring Insects.

Social Study

Listening and Speaking

- Revise **Community Helpers.**

Writing

Practice Books: Connect Dot to Dot, Match letters.

Worksheets No. 15: Community Helpers.

Graded Reader (ELT)

Read along, Read aloud and Read alone to check students achievement level.

- Introduce different professions with a story: *So many Jobs.*

Art & Craft

- Making different **Tools** used by Community Helpers by **Dough.**
- Use Paper cut-outs and Colors to make different **stages of the lifecycle of Butterfly** and glue it on chart paper.

Activity

- Plan a **visit to nearby park or zoo** and ask students to note down what living and non – living things they saw and discuss it in class after.
- Make groups of two or three students in each and ask them to **greet and have a general conversation** with each other.

Month: Jesth (May/June)

Estimated Teaching days: 23

English

Listening and Speaking

- Revise **Blends** with the help of Word Formation.

Reading

- Introduce **Ending Blends**.

Writing

Practice Book: Identifying Beginning and Ending Blends with the help of pictures.

Worksheet No. 5, 6 and 8: Match and Circle correct Beginning and Ending blends.

Nepali

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- सरल वाक्यहरूको पुनरावृत्ति,
- मात्रा (आकार) लागेका शब्द र वाक्यहरू,
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Mathematics

Listening and Speaking

- Revise Number Names from **1 to 25**.
- Introduce Counting Numbers and Number Names from **26 to 50**.

Writing

Practice Books: Trace and Read the number names **1 to 50**.

Worksheet No. 14 & 38: Draw Dot to Dot joining 1 to 50, **Rewrite** number names **1 to 50**.

Science

Listening and Speaking

- Revise various **Sense Organs** with images and functions of them with real-life interpretation.
- Introduce the concept of **Feelings and Emotions**

Reading

- Briefing of various **Sense organs** and their functions.

Writing

Practice Book: Identify the sense organs.

- **Trace** and **Match** the feelings.

Worksheet No. 7, 8, 9 & 10: Color and **Match** the relevant Sense Organs, Feelings, and emotions.

Social Study

Listening and Speaking

- Introduce useful **Tools** and **Special Vehicles**.

Writing

Practice Books: Match, Cut and **Paste** the different tools used for construction.

Worksheet No. 5 & 22: Match the tools and Special Vehicles.

Graded Reader (ELT)

Read along, Read aloud and **Read alone** to check students achievement level.

- Introduce different child imagination with Story: *If I were*.

Art & Craft

- Instruct students to make **Household** items using **Dough and Clay**.
- Write and **Color counting Numbers** on Chart Paper and Paste exact numbers of pictures of the object like Flowers, Dots, Balls, etc beside that making a table.

Activity

- Give students the situation (Feelings and Emotions) and them to enact accordingly.
- Ask students to **Match Numbers** with their Number Names made on cue cards in the classroom.

Months: Asadh (May/June)

Estimated Teaching days: 23

English

Listening and Speaking

- Revise **Ending Blends** with the help of Word Formation.
- Introduce words ending in **y** with the help of word-formation.
- Introduce different blending sounds with the rhyme: *I had a Little Turtle*.

Reading

- Introduce **Double Consonants** with images and Word Formation.

Writing

Practice Book: Words ending in **y**, **Unscramble** word and **Write** Double Consonants.

Worksheet No. 9, 10 & 29: Consonants

Nepali

सुनाइ र बोलाइ

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- मात्रा (आकार, ह्रस्व इकार, दीर्घ ईकार) लागेका शब्द र वाक्यहरू,
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- किताबको पेज नं. ७ देखि ६४ सम्मका सबै अभ्यासहरू
- आवश्यकताअनुसार पुनरावृत्ति गर्ने

Mathematics

Listening and Speaking

- Revise Counting Numbers and their Names from **1 to 50**.
- Introduce **Reverse Counting** with Rhyme: *Five Little Speckled Frogs*.

Reading

- Reverse Counting **50 to 1**.

Writing

Practice Books: Count backward from 50 to 1.

Worksheet No. 41: Reverse counting 50 to 1.

Science

Listening, Speaking and Reading

- Introduce **Germ** and **Healthy Habits** with image scripts.

Writing

Practice Book: Rearrange and Circle Healthy habits, Healthy Foods choices and Foods I like.

Worksheet No. 11 & 12: Germs, Color the pictures that show Healthy Habit.

Social Study

Listening and Speaking

- Discuss and Revise **Tools** and **Special Vehicles** and their functions

Reading

- Introduce the chapters **Materials** and **Recycle**.

Writing

Practice Books: Cross **Odd one out** the materials used in our daily life.

Graded Reader (ELT)

Read along, Read aloud and Read alone to check students achievement level.

- Introduce healthy foods with a story: *Purple Turtle, Biggy Feels Bad*.

Art & Craft

- Instruct students to make **Penholders & Flower vase** using used cold drink **Plastic Bottles**.
- Make a Wall Paper using chart paper instructing the steps of **Hand Washing** with pictures.

Activity

- Use Permanent Marker to write numbers on Balls/Cubes/Toys and after ask students to collect or arrange them in **Reverse order**.
- Make Cue cards of pictures or written word related to **आकार र ह्रस्व इकार र दीर्घ ईकार** and after distribute long students and ask them to make sentences.

Months: Shrawan (June/July)

Estimated Teaching days: 23

English

Listening and Speaking

- Revise Words Ending with -y with the help of class discussion.

Reading

- Introduce diagraph **-ch, -sh, -th and -wh**.
- Introduce **-Wh** questions.

Writing

Practice Book: Tick the Beginning diagraph of given pictures.

Match wh-words, **-wh** questions.

Worksheet No. 11 & 15: Cut and Paste correct pictures beginning with diagraph **-Wh** questions.

Nepali

सुनाइ र बोलाइ

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Mathematics

Listening and Speaking

- Revise **Reverse Counting** with the help of Cue Cards.
- Introduce the concept of **Before, After** and **Between**.

Reading

- Introduce the Counting Numbers from **50 to 100**.

Writing

Practice Book: Trace and Write numbers from 50 to 100.

Find what comes before, after and between?

Worksheet No. 35, 36, 37 & 43: Trace and write from 30 to 100, Before, after and between.

Science

Listening and Speaking

- Revise **Healthy Habits and Foods** with the help of class discussion.
- Introduce the concept of **Measurement** with image script.

Reading

- Introduce the concept of **Sink and Float**.

Writing

Practice Book: Identify the following objects will Sink or Float.

Worksheets No. 16 & 17: Identify Cut & Paste the objects that will Sink or Float.

Social Study

Listening and Speaking

- Revise **Materials** found in our surrounding and their **Recycling**.

Reading

- Introduce the chapter **Places We Visit**.

Writing

Practice Books: Places we visit.

Worksheets No. 21: Names of Places we visit

Graded Reader (ELT)

Read along, Read aloud and Read alone to check students achievement level.

- Introduce different kinds of homes with the story: *Purple Turtle Many Kinds of Homes*.

Art & Craft

- Instruct students to **Measure** different objects found in the classroom with the help of a **Scale**.
- Measure the height of the students and make a record wallpaper with their pictures and name on it.
- Make **Colour Wheel** with pictures and words written beginning with Ch-.

Activity

- Instruct and Help students to take **measurement** of different geometrical objects and ask them to make a record of them on paper.

Months: Bhadra (July/August)

Estimated Teaching days: 18

English

Listening and Speaking

- Introduce the concept of **Vowel Teams** and **Special Combinations**.
- Introduce the concept of **I and My; We and Our; They and It**.

Reading

- Introduce the concept of **Positional Word**.

Writing

Practice Book: Vowel teams, Positional words

Worksheet No. 28, 29, 30, 31 & 32: Fill in the boxes using 'My', 'Your' and 'Our', positional words

Nepali

सुनाइ र बोलाइ

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- सरल वाक्यहरूको पुनरावृत्ति
- सवै मात्रा (आकार, इकार-ह्रस्व र दीर्घ र उकार-ह्रस्व र दीर्घ) लागेका शब्द र वाक्यहरूको पुनरावृत्ति,
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- किताबको पेज नं. ८६ देखि १२८ सम्मका सम्पूर्ण अभ्यासहरू

Mathematics

Listening and Speaking

- Revise Counting Numbers **1 to 100**.
- Introduce the concept of **Tens and Ones**.

Reading

- Introduce the concept of **Ordinal Numbers**.

Writing

Practice Book: Tens and ones, Ordinal numbers.

Worksheet No. 44 & 45: Tens and Ones (Blocks), Ordinal numbers.

Science

Listening and Speaking

- Introduce the concept of **Electronics**.
- Introduce the concept of **Parts of Computer**.

Reading

- Introduce the concept of **Uses of Computer**.

Writing

Practice Book: Find Missing letters, Parts of a computer.

Worksheet No. 18: Cut and paste the Parts of a computer.

Social Study

Listening and Speaking

- Introduce the concept of **Safety Rules**.

Reading

- Introduce the concept of **Moral Values**.

Writing

Practice Books: Safety Rules, and Moral Maze.

Worksheets No. 46: Safe or Unsafe.

Graded Reader (ELT)

Read along, Read aloud and Read alone to check students achievement level.

- Introduce the colors of the rainbow with the help of story: *Purple and the Rainbow*.

Art & Craft

- Instruct the students to make **Parts of Computer** and other **Electronic Devices** using **Play Dough or Clay**.
- Make a wallpaper sticking pictures of distinguishing different activities done at School, Home or walking down a road under the heading **SAFE and UNSAFE**.

Activity

- Plan a visit to **the School's Computer lab** and introduce students with different connected devices that make a unit computer.
- Place students in line laterally inverted facing the teacher and ask students to raise their hand or step forward after their **Ordinal position** is announced. Teachers can Re- Shuffle the position of students to continue after the first round.

Months: Asoj (August/September)

Estimated Teaching days: 8

English

Listening and Speaking

- Revise the concept of **I and My; We and Our; They and It.**

Reading

- Introduce the concept of **is, am and are** with the help of Sentence formation.
- Introduce the concept and use of Article **a, an & the.**

Writing

Worksheet No. 21, 23, 24, 25 & 26: is and are, a or an.

Mathematics

Listening and Speaking

- Introduce Addition.

Writing

Practice Books: Count, Add and Write Numbers.

Worksheet No. 29: Addition with pictures.

Science

Listening and Speaking

- Introduce the **Concept of Season.**

Writing

Practice Book: Write the Names of season.

Social Study

Listening and Speaking

- Introduce the **Concept of Community Helpers.**

Writing

Practice Books: Identify Community Helpers, **Match** the Pictures.

Worksheets No. 47 & 49: Cut & Paste Community Helpers name.

Graded Reader (ELT)

Read along, Read aloud and Read alone to check students achievement level.

- Introduce different activities done by Community Helpers with the story: *Biggy's Breaks an arm.*

Art & Craft

- Draw the different Weather Conditions of different Seasons on **Chart Paper**.
- Make crafts of **Seasonal clothes and things** used during a particular season and glue them on the Chart Paper.
- Help students designing **Dashain/Tihar cards** and ask them to exchange it among their friends.

Activity

- Help students planting **Jamara** on the pre – occasion of Dashain.
- Ask students to bring Kites and organize **Kite Flying** competition.

Month: Kartik (October/November)

Estimated Teaching Days: 15

English

Listening and Speaking

- Revise **small Sentences** with the help of Images and real-life interpretation.
- Introduce Sequence and Events in the story with chapter **Picture Sequencing** and Story: *Tell The Story*.

Reading

- Introduce Formation and Use of Small **Sentences**.

Writing

Practice Book: Write about yourself with All about me.

- **Trace and Write** Capital and Small letters.
- **Find and Circle** Letter Hunt.
- **Draw a Line**, What comes next?
- **Write the Correct Sequence** to make a sensible story with Story sequencing.
- **Number the Pictures** with What is the order?
- **Read and Draw Line** to match the events.

Nepali

सुनाइ र बोलाइ

-चन्द्रबिन्दु र शिरबिन्दु

- ऋकारको ज्ञान,

- रेफ (ँ) को ज्ञान

-बालगीत : कति राम्री नानी, कानाकाना कुर्र, नेपाली बालगीतको कार्ड र किताबको अन्तिम पृष्ठबाट आवश्यकता अनुसार,

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पढाइ

-चन्द्रबिन्दु र शिरबिन्दु

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- रेफ लागेका शब्दहरू

लेखाइ

-किताबको पेज नं. १२९ देखि १५१ सम्मका सबै अभ्यासहरू,

Mathematics

Listening and Speaking

- Introduce the concept of **Ordinal Number** with image scripts and classroom activities.

Reading

- Revise **Counting Numbers 1 to 100** by Reading Aloud.

Writing

Practice Book: Trace and Write Numbers 1 to 100.

- **Look and Match with correct finger counts.**
- **Draw a Path** by connecting numbers from 11 to 30 (Feed the baby birds).
- **Fill** in the missing number.
- **Draw Line** to connect the numbers with Match the names
- **Circle** the correct Ordinal numbers as instructed.

Worksheet No. 38 & 39 (Term I): **Colour, Trace** and **Write** Number names.

Science

Listening and Speaking

- Introduce the concept of **Primary and Secondary Colours.**
- Introduce **Rhyme: Row - Row - Row your Boat** and habitats of animals with chapter **Land and Water Animals.**

Reading

- Introduce interesting facts about some animals with chapter **Interesting Facts.**

Writing

Practice Book: Fill and Mix the Colour to make new color and **Complete** Animal Jumble.

Worksheet No. 28 & 45 (Term II): **Colour** Dinosaur and **Match** animals with following characters with Who Am I?

Social Studies

Listening and Speaking

- Introduce things needed to live with chapter **Basic Needs.**
- Introduce sources and importance of food with chapter **Food and Food Groups.**

Reading

- Revise **Community Helpers, Places We Visit & Moral Values** with the help of real-life interpretation.

Writing

Practice Book: Use the words to **Complete Sentences & Circle Basic Needs**.

- **Cut & Paste** foods that make a complete Meal (On My Plate).

Worksheet No. 40 (Term II): **Look, Cut & Glue** to separate Basic needs.

Graded Readers (ELT)

- Introduce the concept of Months and Dates with a story: *The Big Birthday Calendar*.

Art and Craft

- Demonstrate students to form **Secondary colors mixing Primary Colours** and use those colors for blow painting or other kinds of paintings.
- Use **Cotton/Fabrics/Leaves/Papers** to fill the pictures of animals & Foods.
- Make a Wallpaper collecting and pasting pictures of the Basic Needs and other requirements under the heading of **NEEDS and WANTS**.

Activity

- Make Team of students in class and organize a **quiz contest** related to animals and their interesting facts.

Month: Mangsir (November/ December)

Estimated Teaching Days: 25

English

Listening and speaking

- Revise **blends** with Letter Sounds and Word Formation.
- Introduce **Special Combinations -oi, -ou, -au, -al, -ar, -ir** with the help of image scripts and Rhyme: *Here We Go Round The Mulberry Bush.*

Reading

- Introduce the uses of **This and That** with real-life interpretations.

Writing

Practice Book: Fill in lf, la & lm to complete words with The Hungry Crab.

- Match **and Fill** to complete sentences.
- **Find & Colour** the picture names with **-ir in Red**, and with **-ur in Green**.
- **Fill** in the blanks with This and That.
- **Read and Circle the sh-** words in the given story.
- **Choose the Correct option and Write** with My Camping Trip.
- **Fill in the blanks to make sentences** with Look and Write.

Worksheet No. 24 (Term II): **Colour the Circle** and **Complete** the Words (Word Sort -ir, -ur).

Worksheet No. 2 (Term I): **Choose** the correct option to **Write** a Simple Story.

Nepali

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- आधा अक्षरको ज्ञान,
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लेखाइ

- किताबको पेज नं. १५२ देखि १७५ सम्मका अभ्यासहरू

Mathematics

Listening and Speaking

- Introduce the concept of **More, Less and Equal** with the help of Mathematical Symbols.
- Introduce **Addition and Subtraction** with the help of Object Counting.

Reading

- Revise **Shapes and Reverse Counting** with real objects around.

Writing

Practice Book: Draw and Colour Shapes with What comes Next

- **Connect the dots** and **Complete** each shape with Fun with Shapes.
- **Find and Fill** the Missing Numbers on the eggs.
- **Connect Dot to Dot** to complete face.
- **Count, Write and Use Correct Sign (>, = or <)** More, Less and Equal.
- **Count, Add/Subtract** and **Fill** the Numbers (Addition & Subtraction).

Worksheet No. 47, 48 & 49 (Term I): **Addition** and **Subtraction** Using Numerals and Words Problems.

Worksheet No. 2, 3 & 4 (Term II): **Colour, Cut and Paste** the Shapes.

Science

Listening and Speaking

- Revise **Land & Water Animals** with the help of image scripts.
- Introduce locomotion in animals with chapter **Animal Movement**.
- Introduce the concept of **Pet Animals** and **Rhyme: Little Bo Peep**.

Reading

- Introduce and Discuss the usefulness of different animals with chapter **Animal Uses**.

Writing

Practice Book: Draw a Line to Match each action to the correct animal.

- **Match the footprints** of each animal.
- **Fill in the Product** that we obtain from animals with What animals give us?
- **Write the Numbers** into two groups with the Uses of animals.

Social Studies

Listening and Speaking

- Introduce different sources of water with chapter **Water**.

Reading

- Revise and Discuss the importance of **Foods**.

Writing

Practice Book: Write Yes & No and Fill in the blanks (Save water & Water Sources).

Worksheet No. 13 & 41 (Term II): **Colour, Trace, and Copy** (Foods & Sources of Water).

Graded Readers (ELT)

- Introduce different Shapes with Story: *Melody's Magic Show*.

Art and Craft

- Use two **chart papers** of two different colors and **draw Tree on one and Animal** on others and make small play cards with names of food on it (obtained from both plants and animals). After asking students to come one by one and distinguish sources of given food by sticking them on chart papers accordingly.
- Make **Colour Wheels** on chart papers with words and Pictures containing Special combination (-oi, -ou, etc)

Activity

- Ask Students to collect the pictures of different **Land, Water and Amphibians** (Animals found on both land & Water) animals from Newspapers, Old Magazines or Internet and distinguish pasting Land animals on Green Chart Paper, Water animals on Blue Chart Paper and Amphibians on White Chart paper.
- Organize **water fun games** for students in school like filling the bottle, who drinks more, etc.
- Ask students to come, pick and **enact the movements of different animals** written and folded in chit paper made by teacher whereas other students of class speculate the name of animals.
- Ask students to bring **healthy foods** in the lunch box, talk about their nutritional values and after distributing or share among all children.

Month: Poush (December/ January)

Estimated Teaching Days: 25

English

Listening and speaking

- Revise **This and That** asking student to make Small Sentences using them
- Introduce the use of **These, Those, Here, There and Where.**

Reading

- Introduce **Rhyming words** by reading aloud.

Writing

Practice Book: Write These and Those in given sentences.

- **Join the letters** to make the little chick and **Colour** the picture with Where is it?
- **Trace, Complete and Fill** in the blanks to make sentences (Here, There, These and Those).
- **Fill the correct Positional words** with Where is Melody?
- **Fill in the pictures using the color code** with Reading and Colour.
- **Read and Solve** the given riddles with Rhyming Riddle.
- **Color** the pictures that Rhyme.

Worksheet No. 25 & 26 (Term II): **Write, Trace and Complete** to make sentences using These & Those; Here & There; They.

Nepali

सुनाइ र बोलाइ

- पूर्व पाठहरूको पुनरावृत्ति,
- मेरो परिचय
- बालबोली
- अङ्कको ज्ञान १ देखि ५० सम्म
- बालगीत : सबै हाम्रा साथी, नेपाली बालगीतको कार्ड र किताबको अन्तिम पृष्ठबाट आवश्यकता अनुसार,
- बालकथा : मूर्ख कुकुर
- विषयवस्तुको चित्रगत अवधारणा

पढाइ

- विद्यार्थीको क्षमताअनुसार सम्बन्धित पाठमा दिइएका शब्द तथा वाक्यहरू

लेखाइ

-किताबको पेज नं. १५८ देखि १६३ सम्मका सबै अभ्यासहरू

Mathematics

Listening, Speaking and Reading

- Introduce the **Table of 2, 3, 4, 5 and 10** with Skip Counting and Reading Out Loud.

Writing

Practice Book: Complete the Table of 2, 5 and 10.

Worksheet No. 6 & 49 (Term II): Complete and Colour using Colour Code (Table of 2).

Science

Listening and Speaking

- Revise **Animals** with the help of Play Cards.
- Introduce Shelters of domestic animals with chapter **Animal Homes**.
- Introduce Types of food animals eat with chapter **Animal Foods**.

Reading

- Introduce Features and interesting facts about birds with chapter **Birds and Interesting Facts**.

Writing

Practice Book: Draw Paths to help animals find their Home.

- **Draw foods** (What animals eat?).
- **Draw line** from dots to match quality (Bird watching).

Social Studies

Listening and Speaking

- Introduce Uses and Importance of water with chapter Use of water and Save Water.

Reading

- Introduce characteristics and importance of air with chapter t **Air and Wind**.

Writing

Practice Book: Write Yes and No and Fill in the blanks (Save water & Water sources).

- **Tick the Pictures** that show Uses of air.

Worksheet No. 41 (Term II): Trace and Copy & Draw and Colour anyone Sources of water.

Graded Readers (ELT)

- Introduce Rhyming words with the story: *The Rhyme Game*.
- Introduce different kinds of birds with the story: *Purple Learns about Birds*.

Art and Craft

- Instruct and Help students make **Paper Wind Fan** and ask students to keep it in the direction of the wind to observe its movement.
- Make a poster showing self-explanatory picture under the heading of **SAVE WATER** and paste it inside the classroom.

Activity

- Ask students to make **Multiplication Table on Chart paper** and stick it on a classroom wall or their study room.
- Instruct and help students to make their own **Photo Book** and ask them to glue pictures of their own family or friends. Also, ask them to write a few sentences describing the picture.

Month: Magh (January/ February)

Estimated Teaching Days: 23

English

Listening and speaking

- Revise **blends** with the help of Word Formation.
- Introduce chapter **Double Consonants** with the help of Word Formation.

Reading

- Introduce the concept of **Opposite Words, Joining Words and Compound Words**.

Writing

Practice Book: Draw lines to connect each Double letters.

- **Fill in the blanks** with words (Consonant Cookies).
- **Complete** Phonics maze
- **Find, Match, Colour and Write** Opposites words.
- **Read and Colour** the picture.
- **Fill in the blanks** with words (Joining Words).
- **Identify and Mark** in two different Colour (Parts of a Compound Word).

Worksheet No. 30 & 31 (Term II): Identify, Write and Complete (Opposites & Joining Words).

Nepali

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- अङ्क र अक्षर १-१००,
- बालगीत : नेपाली बालगीतको कार्ड र किताबको अन्तिम पृष्ठबाट आवश्यकता अनुसार,
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पढाइ

- जनावरका बच्चा र घर,
- अङ्क र अक्षर १-१००,

लेखाइ

- किताबमा दिइएका अभ्यासहरू आवश्यकताअनुसार,

Mathematics

Listening and Speaking

- Introduce the concept of Yesterday and Tomorrow with chapter **Week and Days**.

Reading

- Introduce characteristics and importance of air with chapter **Air and Wind**.

Writing

Practice Book: Number the days and Fill in the blanks incorrect order (Days in a week).

- Write the name of Month and Number (Days in a month).

Worksheet No. 50 (Term I & II): **Cut & Paste** the Days and Month in the correct order.

Science

Listening and Speaking

- Introduce some insects we see around us and their characteristics with chapter **Insects**.

Reading

- Introduce plants we see around us with chapter **Types of Plants**.
- Introduce the name of parts of a plant and their function with chapter **Parts of a Plant**.

Writing

Practice Book: Call and Cross out **Insects** (Inspect the insects).

- Write **1 to 4** to put the growth of a plant in the correct order with **Grow a plant**.
- **Draw & Colour a Plant** including Stem, Leaves, and Flowers with **My plant**.
- **Identify** the Plant and **Colour** the box with **Plant Life**.
- **Trace and Write** the names of Plant parts we eat.

Worksheet No. 35,36,37,38 & 47 (Term II): **Identify Trace, Cut & Paste** given Types and Parts of a plant.

Social Studies

Listening and Speaking

- Introduce different Types and Functions of the house with chapter **Types of Houses**.
- Introduce different Materials to build houses with chapter **Building Materials**.
- Introduce different kinds of places in our Earth with chapter **Landforms on Earth**.

Reading

- Introduce and Discuss things that we spot in the Sky during day and Night with chapter **The Sky**.

Writing

Practice Book: Let us Write about My House.

- **Follow clues** and **Write the correct name** with Whose House?
- **Match each landform** to the correct pictures with Our Earth.
- Identify **and Colour** the given things as per instruction (Sky High).

Worksheet No. 12 (Term I): **Fill in with Bright Colours** with Colouring Fun – Lake.

Worksheet No. 42(Term II): **Trace, Write and Colour** the Pictures (In the Sky).

Worksheet No. 43 (Term II): **Read and Draw** Landforms on Earth.

Graded Readers (ELT)

- Introduce the concept of Gardening with the story: *Purple Grows a Garden*.
- Introduce Opposites Words with the story: *Roxy and Zing Go Sailing*.

Art and Craft

- Draw Outlines of Sun, Moon, Star, Rocket, Clouds, and Kite on a paper. **Colour, Cut and Glue** it on a separate blue chart paper.
- Make a **Craft of Clock** with movable hands mentioning the name of the week on it and assign students to move the hand daily.

Activity

- Collect different parts of a **flowering plant** that you find around and Paste it on a Chart Paper illustrating their parts name on it.
- Ask students to bring flowering plants from their home and **organize plantation program** at school helping and instructing them planting.

Month: Falgun (February/ March)

Estimated Teaching Days: 23

English

Listening and speaking

- Revise **Compound Words** with the help of Word Formation and Reading Aloud.
- Introduce the Use of **-ing** with Word formation and Rhyme: *London Bridge Is Falling*.
- Introduce Concept and Use **-ed** with the help of Word Formation and Reading Aloud.

Reading

- Introduce Concept and Use of Yes & No with chapter **Yes and No**.

Writing

Practice Book: Look at the Pictures and **Write** your answer (Yes and No).

- **Read** the sentences and **Colour** the pictures with Reading and Colour.
- **Fill in activities** given in the boxes with What are they doing?
- **Add and Complete** with Let us add -ed.
- **Trace and Write** to complete small sentences.

Worksheet No. 4 (Term I): Choose the Correct Option and **Write** (Reading Fluency).

Worksheet No.13 (Term I): Write and Draw the lines to match with What are they Doing?

Worksheet No. 27 (Term I): Write new Compound words.

Worksheet No. 3 (Term I): Draw Picture of Melody and Read aloud to Practice Fluency.

Worksheet No. 32 (Term II): Fill in the blanks to complete the sentences (Yes/ No).

Worksheet No. 33 (Term II): Observe and Fill Up (Add 'ed').

Nepali

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- बाह्र महिना र सात बारका नाम
- बालकथा : महेश र बिरालो
- बालगीत : बाँडीचुँडी खाने हो, नेपाली बालगीतको कार्ड र किताबको अन्तिम पृष्ठबाट आवश्यकता अनुसार,
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लेखाइ

-किताबमा दिइएका अभ्यासहरू र किताबका सबै पाठहरूको पुनरावृत्ति ।

Mathematics

Listening and Speaking

- Introduce and Learn how to tell time with chapter **Time**.

Reading

- Revise, Discuss and give Test all **Previous Chapters**.

Writing

Practice Book: Draw and Colour to Match each clock to its time.

Worksheet No. 34 (Term II): Write the Numbers and Draw Hands of the Clock.

Science

Listening and Speaking

- Revise **Types and Parts of Plants** with real plant presentation in class.

Reading

- Introduce products obtained from Trees with chapter **Uses of trees**.
- Revise all the **Previous Chapters** giving a test or asking chapter related questions.

Writing

Practice Book: Trace and Write Plants Parts we eat.

Worksheet No. 37 (Term II): Identify, Cut and Glue Parts of Plants We eat in the correct group.

Social Studies

Listening and Speaking

- Introduce Eight Planets including Earth with Chapter **Solar System and Our Earth**.

Reading

- Introduce other Celestial Bodies with chapter **Sun, Moon, and Stars**.

- Introduce Space with chapter **Space Travel**.

Writing

Practice Book: Write **Ordinal number to show Position** of each planet of the Solar System.

- **Arrange a game by throwing the dice** and move ahead to play Space Traveler.

Worksheet No. 44 (Term II): **Colour the Solar system** brightly.

Graded Readers (ELT)

- Introduce Reading Maps with the story: *The Treasure Hunt*.

Note: Teachers are recommended to revise all previous chapters and arrange a test to enhance the proficiency of the students on all subjects of the book for the preparation of the Final exam.

